

What to do if you have received a text message recall for an MMR vaccination, but are not sure if you have had one of these or not:

Born in New Zealand?

- The National Immunisation Register (NIR) was rolled out across New Zealand from mid-2005, prior to this there was no central immunisation register.
- Children, adolescents and adults born before mid-2005 will not have immunisation records on the NIR. Your records will only be in your Well Child Book or held by your previous doctor.
- If you were fully immunised as a child (see guide below) then there is no need to have a further MMR.

The History of Immunisation in New Zealand*

- 1969: Measles vaccine introduced for children aged 10 months to 5 years who had not had measles, and for those aged under 10 years at special risk.
- 1974: The recommended age changed to 12 months.
- 1981: The recommended age changed to age 12–15 months.
- 1990: The measles, mumps and rubella (MMR) vaccine was introduced for all children aged 12–15 months.
- 1992: A second dose of MMR was introduced for 11-year-olds.
- 2001: The second dose of MMR was changed from age 11 years to age 4 years. A school-based catch-up programme was offered for all 5-10 year olds.
- 2014: The 2-dose schedule at ages 15 months and 4 years continues to the present day.

* Source: <https://www.health.govt.nz/publication/immunisation-handbook-2017>

Born Overseas?

- Those born overseas should contact the District Health Board (DHB) they last lived in and ask for the National Immunisation Register Department.
- If you do have a record of these, please bring these in so we can update your records.